



DR. CHRISTIANSON

Reset your health. Reset your *life*.

COMPREHENSIVE THYROID MEDICATION CHART



Natural Desiccated Thyroid (NDT)					T4 Only			T3 Only	
Product	WP Thyroid	Nature - Thyroid	Armour/NP Thyroid/Generic	Compounded NDT	Synthroid / Levoxyl	Tirosint	Compounded T4	Cytomel	Compounded T3
Variation	1 - 2% Variable		10 - 20% Variable	50% + Variable	10%		Unknown	10%	Unknown
Fillers	Coconut, Artichoke	Numerous	Numerous	Any	Numerous	Gelatin, Glycerin	Any	Numerous	Any
Grain Units									
0.125				0.125		13 mcg	13 mcg		2.5 mcg
0.25	16.25 mg	16.25 mg	15 mg	0.25	25 mcg	25 mcg	25 mcg	5 mcg	5 mcg
0.5	32.5 mg	32.5 mg	30 mg	0.5	50 mcg	50 mcg	50 mcg		10 mcg
0.75	48.75 mg	48.75 mg		0.75	75 mcg	75 mcg	75 mcg		15 mcg
0.875									
1	65 mg	65 mg	60 mg	1	100 mcg	100 mcg	100 mcg		20 mcg
1.125					112 mcg	112 mcg			
1.25	81.25 mg	81.25 mg		1.25	125 mcg	125 mcg	125 mcg	25 mcg	25 mcg
1.375					137 mcg	137 mcg			
1.5	97.5 mg	97.5 mg	90 mg	1.5	150 mcg	150 mcg	150 mcg		30 mcg
1.75	113.75 mg	113.75 mg		1.75	175 mcg	175 mcg	175 mcg		35 mcg
2	130 mg	130 mg	120 mg	2	200 mcg	200 mcg	200 mcg		40 mcg
2.25		146.25 mg		2.25			225 mcg	50 mcg	45 mcg
2.5		162.5 mg		2.5			250 mcg		50 mcg
2.75		178.75 mg		2.75	300 mcg		275 mcg		65 mcg
3		195 mg	180 mg	3			300 mcg		60 mcg
4		260 mg	240 mg	4			400 mcg		100 mcg
5		325 mg	300 mg	5			500 mcg		

T3 and t4 = 3 fold variation in potency within just 4 test subjects <https://www.ncbi.nlm.nih.gov/pubmed/402379>